

Innovative Diabetes Program Trial Membership Offer

We are pleased to offer a special three-month trial membership in our practice for patients with diabetes seeking better results through comprehensive and personalized management.

Family Healthcare of Fairfax is a personalized care practice whose patients join in order to receive individualized care, extended length appointments, and extra services such as the Innovative Diabetes Program. Members pay a yearly fee for those extra services, but we have expanded the program by making the Innovative Diabetes Program accessible to patients with diabetes looking for more comprehensive care.

The program has been successful, even life changing, for many of our patients with diabetes and prediabetes. The educational seminars, diet monitoring, and medical management is unique in this area. It is not the same as other diabetes education programs because it was designed specifically to address the reasons why those programs work for only a short time or not at all. *Our goal is to help patients achieve sustainable results that reduce the long-term risk of the serious, often debilitating complications of diabetes.*

There is no obligation to join our practice at the the end of the three-month trial. We hope that some patients will see how much more effective a personalized diabetes program can be when you get more time and attention from your family doctor. Patients who wish to join Family Healthcare of Fairfax at the end of the trial are welcome to do so, and your trial membership fee will be credited to your account.

What You Will Receive in the Trial Offer

- Full participation in the Innovative Diabetes Program at the special price of \$300 – no ongoing commitment required.
- An initial office visit* to review of your medical history, medications, and recent blood test results.
- Instruction on the use of the online diet monitoring application, customized for your personal needs and goals.
- Three 90-minute group seminars scheduled for Wednesdays at 6:00 p.m.
- One office visit at the end of each month during the three-month program. The visit will include an examination; a review of your diet, exercise, and sugar results; and medication adjustments as needed.
- Weekly phone calls to review your online diet log and discuss any changes that need to be made.
- In-office blood testing as necessary.

Do you need a personal trainer and killer workouts...not at all!

*All office visits and lab tests will be billed to your insurance; all co-pays apply.